

ALTRUSA WAVES

ALTRUSA INTERNATIONAL OF GARLAND NEWSLETTER



5 Loaves Gala!

Betty O, Mignon, Betty S and Janet B



PRESIDENT'S Pen

Stephanie Noland



April Fools! Did you say that or were you fooled on April 1? April Fool's Day is full of tricks, gags and general fooling around. It's also the day when I remember American missionary, Jim Elliot. Elliot was quoted "He is no fool who gives up what he cannot keep to gain what he cannot lose." While his story is found in Christian mission history, his quote resonates far beyond as it directs us to what Altrusans do.

Altrusans give up what they cannot keep – our time and energy - to gain what we cannot lose...an enduring impact in the lives of those in our community that are touched by our service and kindness.

Here are just a few of the most recent opportunities to give up and gain – stamping and distributing books to Weaver Elementary, donating to Dr. Aquayne, stuffing and delivering Easter eggs to Gateway of Grace, serving as "front of the house" for 5 Loaves fundraising gala, and preparing for Christian Care Center's upcoming Mother's Day tea.

I celebrate the generous work of our club members and encourage each of us to continue to find ways to give...and gain. That's the impact we want.

Love serving with you...NO FOOLIN'!!

Stephanie
snolandtx@yahoo.com

Service Kindness
Enduring Impact



IMPORTANT DATES

- Apr 7 World Health Day
- Apr 9 Business Meeting - Strike and Reel
- Apr 17-19 District Nine Conference, Pampa club sponsoring
- Apr 23 Board Meeting via Zoom
- Apr 26 Altrusa Book Club; 4pm, Wildwood Firewheel
- Apr 30 5th Thursday Social

APRIL MEETING NOTES

Our program this month comes from the Garland Public Library. We will learn about how we can support their outreach projects in our local community.

Menu: We will have fajitas and all the fixings for our meal this month. Cost is \$32.

MEETING INFORMATION

MEMBERSHIP COMMITTEE

is responsible for leading the Altrusa pledge, grace and accent at the April 9, 2026 meeting.

WEBSITE

AltrusaGarland.org

DISTRICT NINE WEBSITE

AltrusaDistrictNine.org

EMAIL

AltrusaGarland@gmail.com

ALTRUSA INTERNATIONAL

Altrusa.org

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GENERAL CLUB NEWS

Book count update

As a result of our recent book distribution events, we currently have donated **2651 books** and are in 5th place district wide. But we are not done yet!! We still plan on one more GISD elementary book fair and the Garland Public Library Summer Reading Kickoff that will count towards this year's donations.

✨ **2651 BOOKS** ✨

Traveling With a Passport?

Check out these opportunities for stamping your passport:

If you invited someone to Service Super Saturday on March 28, stamp **Hospitality #4** and **Service #5**

Stamp **Foundation #6** to note that we have paid our Club 52 club dues. We are officially a "Club 52 Club".

Leading this coming Altrusa year: Stamp **Leadership #1** if you're a new board member or new committee co-chair. Also, stamp **Leadership #2** if you're a new committee co-chair and **#6** if you're a new board member.

Stamp **Service #1** if you donated to Dr. Acquaye's Ghana clothing/toy/shoe drive and **#6** if you helped stuff eggs for Gateway of Grace and/or participated in our Service Saturday.

Volunteer Hours are Due

It's time to calculate the number of hours you donated to serving our community. Remember, EVERYTHING counts... Altrusa service events, 5th Thursday socials, book stamping (individual and group efforts), business meetings, "offline" work like writing articles for the newsletter, committee work like contacting speakers AND, for those going to conference... every conference minute counts toward our total.

However, it's not just Altrusa hours that count. Be sure to tally any time you spent helping food pantries, hospitals, schools, senior living/nursing homes, church, Scouting and any place I'm forgetting.

Divide hours into three categories: Altrusa meetings/prep, Altrusa service, and other community service. Let's be sure that we have every hour accounted for.

Please go ahead and estimate through May 31, but send your hours to Stephanie by **May 15**.

Conference Update

We will be well represented at District Nine Conference later this month! Our THREE delegates (for the second year in a row!) are Barb Baker, Barbara Powers and Wendy Santiago with Rhonda Schmid as our alternate. But in addition, Jennifer McKelvey will be a "first timer" - and benefitting from our brags throughout this past year.

If you want Betty to bring back a "Club 52" pin for you, be sure to get your \$52 to her prior to **April 17**.

Governance

Thank you to the Altrusans who've stepped into leadership roles for this coming Altrusa year. The slate of officers will be voted on at the April meeting. Please reach out to Betty Sainz if you have not signed up for committee work. That's also an important piece of our preparation for the new Altrusa year.

UPCOMING BIRTHDAYS



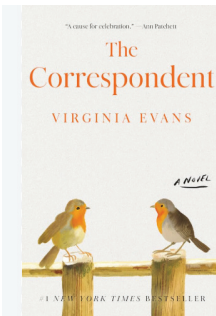
STEPHANIE NOLAND
APR 18TH

Altrusa READS Book Club

The book club choice for this month

The Correspondent by Virginia Evans

A bestselling debut epistolary novel about Sybil Van Antwerp, a retired lawyer in her 70s, who navigates life, grief, and past trauma through letters and emails. Told through her correspondence with family, friends, and strangers, the book explores themes of connection, forgiveness, and finding late-life love.



See you at book club on **April 26** at 4:00. We meet at Wildwood restaurant at Firewheel.

COMMITTEE HAPPENINGS

COMMUNITY SERVICE COMMITTEE

Service Super Saturday

Ten Altrusans had a lot of fun at the Wylie library on Saturday, March 28 as we worked on thank you cards for our upcoming Boxes to the Military packing day as well as preparing items for the upcoming Mother's Day tea at Christian Care Center. Thank you to everyone who attended.



5 Loaves Gala

Thanks to all Altrusans who volunteered at the 5 Loaves fundraising gala. We covered 21 areas of service (including making Dr. Pepper float with Blue Bell ice cream) over the course of the evening and had a lot of fun helping them as they raised big \$\$ to feed our community.



MEMBERSHIP COMMITTEE

This month, we're spotlighting the "K" in FRANKs, Kids' Friends!

Think back to the parents and friends you met through your kids' activities, those connections don't have to fade. Reach out and invite them to explore Altrusa.

No kids? Think broadly, neighbors, relatives, or younger-generation connections. The "K" is about casting a wide, cross-generational net, you never know who's ready for a meaningful invitation.

Our First Annual Day of Service was a beautiful success!

On March 28, ten Altrusans gathered at Smith Library in Wylie to prepare for the Mother's Day Tea at Christian Care Center and write thank-you notes for our Boxes to the Military. Thank you to all who participated! Here's to growing this into an annual tradition.