

Altrusa District Nine
Super Saturday Training Session
“Altrusa 101: A Guide for New and Seasoned Members”
June 20, 2026 (9:30 am CST)

Quick recap

This was a District Nine Super Saturday session titled "Altrusa 101: New Member Orientation and Seasoned Member Reorientation," hosted by Governor Kimberly Kimberly with Mary Powlen as co-host. The presentation provided a comprehensive overview of Altrusa's history, structure, and mission, covering how the organization was founded in 1917 in Nashville, Tennessee, its current global presence with 266 clubs and 6,673 members worldwide, and the three-tier organizational structure of international, district, and club levels. The session included interactive elements where attendees shared information about their club service projects, with 46% focusing on literacy projects and 38% on general service projects, and discussed the importance of volunteer hour tracking with a national average value of \$36.14 per hour, while the Texas average is \$34.99. Participants shared successful project ideas including book donations from schools, partnerships with local organizations, and strategies for recruiting and retaining members through meaningful engagement and leadership opportunities.

Next steps

Collaboration

- All Members: Stay informed by checking the **District Nine website** for updates, newsletters, and future Super Saturday training opportunities.
- All Club Presidents/Club Leadership: Use the provided **“Altrusa 101” presentation materials** as a resource **for new member orientation** within individual clubs.
- Club Presidents/Club Leadership: Ensure all **members' email addresses are up to date** with international headquarters to receive newsletters and updates.
- All Members: Record and **report volunteer hours** to club leadership to demonstrate community impact and support fundraising/sponsorship efforts.
- All Members: **Reach out to former Altrusa members** and invite them to club events, especially annual birthday meetings, to encourage re-engagement.
- All Members: **Share successful book collection strategies** (e.g., partnering with schools, and thrift stores) within the district to support literacy initiatives.

- All Members: Consider developing or **increasing focus on international relations projects** within their clubs, as identified as an area for growth during the session.

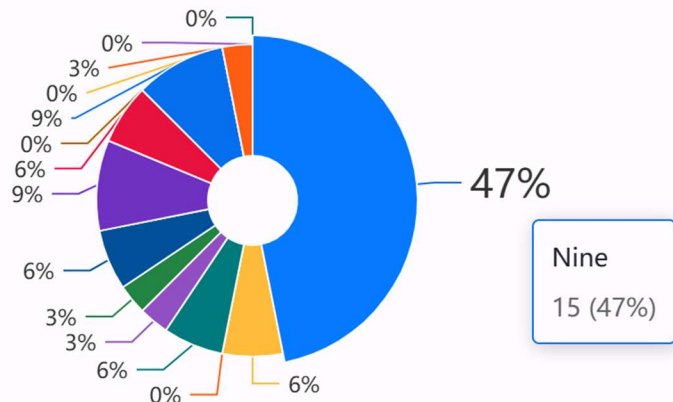
Summary

Altrusa Leadership Journey Orientation

Altrusa District hosted a Super Saturday session on "Navigating Your Leadership Journey" focused on **Altrusa 101: New Member Orientation and Seasoned Member Reorientation**. The session began with a poll to gather information about attendees' locations, years of membership, and reasons for joining Altrusa, with 47% from District Nine and 60% having been members for 10 or more years.

1. Which Altrusa District are you in? (Single choice)

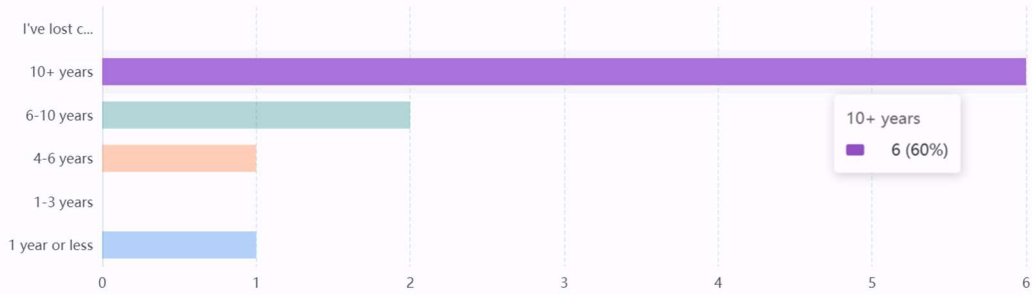
32/32 (100%) answered - 0 skipped



Nine	15/32 (47%)
Eleven	3/32 (9%)
Seven	3/32 (9%)
Eight	2/32 (6%)
Six	2/32 (6%)
Three	2/32 (6%)
One	2/32 (6%)
Fourteen	1/32 (3%)
Five	1/32 (3%)
Four	1/32 (3%)

2. How many years have you been an Altrusan (Single choice)

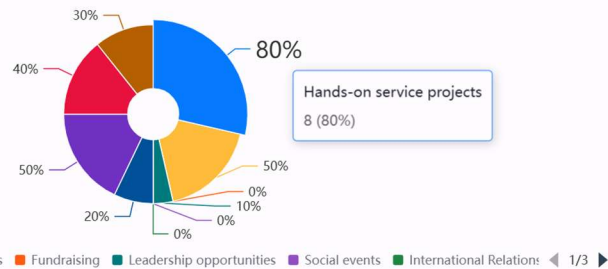
10/32 (31%) answered · 22 skipped



Options	Responses
1 year or less	1/10 (10%)
1-3 years	0/10 (0%)
4-6 years	1/10 (10%)
6-10 years	2/10 (20%)
10+ years	6/10 (60%)

3. What brought you to Altrusa? (Multiple choice)

10/32 (31%) answered · 22 skipped



Options	Responses
Hands-on service projects	8/10 (80%)
Personal growth	5/10 (50%)
Literacy initiatives	5/10 (50%)
Friendship and social connections	4/10 (40%)
Making a difference locally	3/10 (30%)
Leadership development	2/10 (20%)
Leadership opportunities	1/10 (10%)

The presentation covered Altrusa's history, founding in 1917 by Mamie L. Bass in Nashville, Tennessee, and its evolution into an international service organization that opened membership to men in 1987. The session included a discussion of Altrusa's brand drivers, including flexibility and openness to change, which guide the organization's modern approach to service and leadership.

Altrusa Inclusion Initiatives

The meeting focused on Altrusa District's inclusion initiatives and organizational structure. Altrusa District emphasized the importance of welcoming diverse members, ensuring everyone's voice is heard, and maintaining transparency in communications and expectations. The presentation detailed the organization's colors and their symbolic meanings, including teal blue representing worldwide reach, dark gray symbolizing strength and foundation, gold representing ASTRA and the future, and red representing the heart of Altrusa – our service. The meeting also outlined Altrusa's three-tier structure similar to Rotary, with International, District, and Club levels, noting that as of May 31, Altrusa International consists of 266 clubs and 6,673 members worldwide across multiple countries.



Altrusa District Nine Overview

The meeting provided an overview of Altrusa District Nine, highlighting its structure, growth, and activities. District Nine, with 30 clubs and 813 members, is the largest district in Altrusa and spans across Texas. The District is actively working on **new club formations** in various locations, including Bryan College Station. District launched its first virtual club, “Altrusa Lone Star Texas”, where “Service Fits Your Life”. District Nine holds annual spring conferences and fall leadership events, and club presidents meet monthly for support and idea-sharing. Members are encouraged to stay informed through various newsletters and the district website.

Altrusa Organizational Structure Discussion

The meeting discussed the organizational structure of Altrusa, covering the Altrusa International Foundation and ASTRA youth service program. The Foundation supports community service projects through grants and funding from member donations, while ASTRA helps young people develop leadership skills and participate in community service. The discussion also covered club governance structure, including board positions, bylaws, budgets, and meeting formats, with emphasis on the importance of committees in fulfilling club missions.

Altrusa Organization and Membership

The meeting covered key aspects of Altrusa's organization and membership. The discussion outlined essential committee structures with **Standing Committees**, including finances, membership, communication, and nominating committees, with emphasis that no committee should be led by a single person. **There is no "I" in Altrusa!**

The presentation explained the **importance of dues**, clarifying that members invest in the organizational structure that amplifies individual service impact at club, district, and international levels. The conversation ended by introducing plans to gather input from attendees about their club involvement.

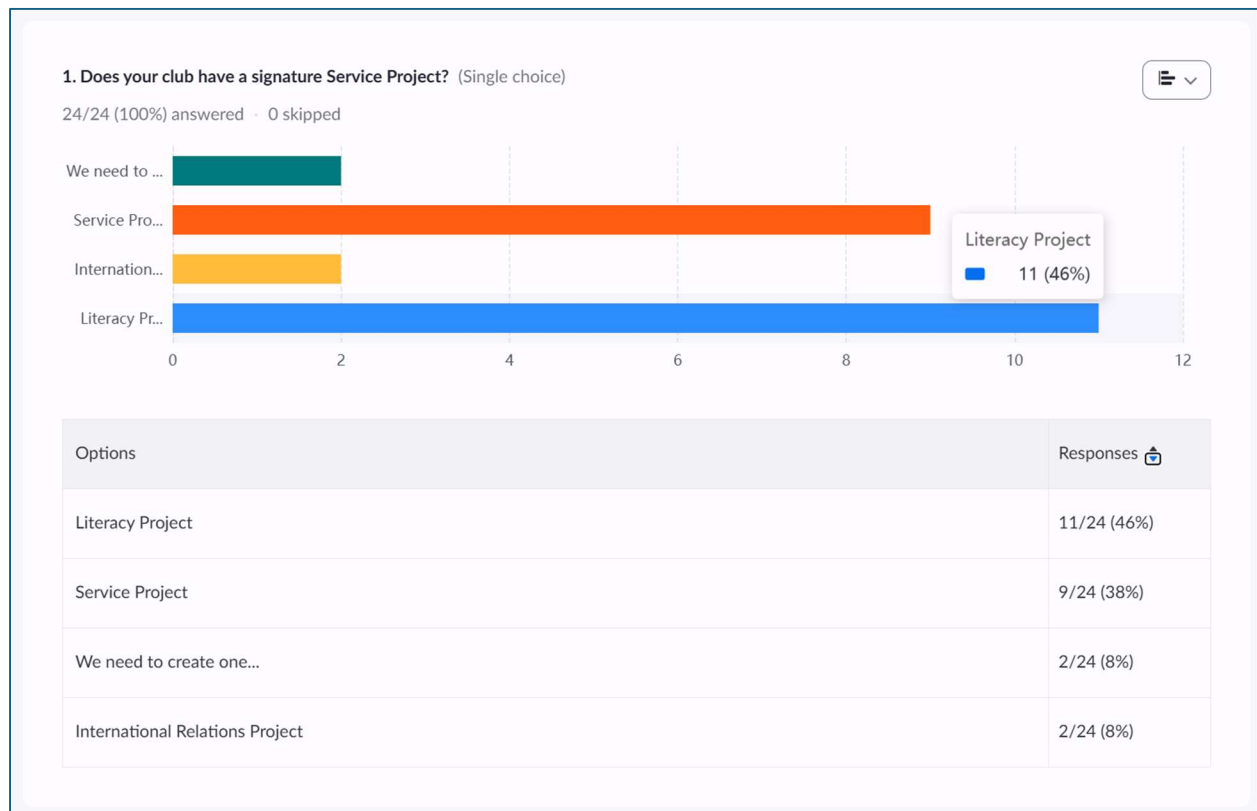
Altrusa Leadership

The Altrusa District meeting focused on encouraging member participation and leadership opportunities within the organization. Governor Kimberly Kierce shared her Altrusa Mantra: **"Come for service. Stay for friendship. Grow in leadership."** Members should be flexible about their involvement and not feel guilty about not participating in every activity. The meeting included a discussion about various leadership roles and service projects, with members sharing their current positions and favorite initiatives, particularly highlighting literacy projects and community service efforts.

Altrusa's Focus on Service

The meeting allowed participants to discuss various **literacy and service projects**. Kimberly shared information about accessing session materials through the District Nine website and YouTube channel, noting that registered attendees would receive email links to recordings, slides, and PDF summaries.

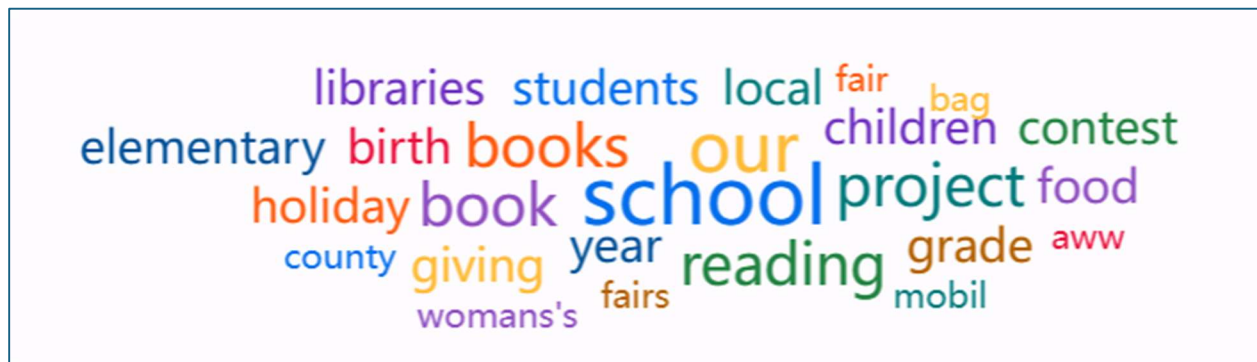
The session included a poll showing that 46% of clubs focus on literacy projects, followed by general service projects at 38%, with discussion of specific project ideas including book donations from schools and local partnerships. Clubs are encouraged to focus on **developing a International Relations project** to embrace Altrusa's world scope.



2. What is the title of that Project or who does it benefit?

- Creative Writing Project which is in all 26 [and counting] Anaheim Elementary Grade 4 classes.
- Giving Birth to Reading
- Essay Contest for 4th grade students in the county.
- Kindness Action Network- KAN
- mobil book libraries
- Just adopted Autism Tree Project to increase our outreach to another deserving service for families in our community.
- Back to School Fair since 1999. Students returning to school we serve 459 kids this year on August 1.

- Free book fairs that provide books to children in our local school district who live in “book deserts” and do not have funds or access to books outside of the school library
- Literacy for food banks in area
- Senior Citizens' Poetry Contest and Reception
- Reading Rodeo at elementary schools
- Holiday Hunger (Red Bag Food Drive and holiday baskets for school support staff
- Water Filter Project
- Turkey Delivery - Benefits Shared Housing which helps women and children living together
- Valentine bags for Meals on Wheels clients
- AWW, Altrusa Womans's Wardrobe
- Andando in Senagal
- Our club works with local libraries and also distributes books throughout the year in many settings.



Participants also discussed the importance of **recording volunteer hours**, with Sharon sharing that the national average value is \$36.14 per hour.

For more information about the value of volunteer hours:

<https://nlctb.org/value-of-volunteer-time/>

To calculate:

100 Hours	Use the Total Volunteers Hours
x \$36.14	National average or use your local average
\$3,614.00	Total value of your hours to your community

Conclusion

As we close today's **Altrusa 101: New Member Orientation and Seasoned Member Reorientation**, we hope you leave feeling reconnected, informed, and inspired about your role in Altrusa.

Whether you are new to the organization or have served for many years, each of you brings something valuable to our mission. New members bring fresh energy, ideas, and perspective, while seasoned members bring wisdom, history, and strength. Together, that blend is what makes Altrusa thrive.

Today was a reminder that membership is not just about joining an organization—it's about belonging to a community committed to **service, leadership, and making a meaningful impact**. Every project you support, every meeting you attend, and every connection you build strengthens that mission.

We thank you for your time, your engagement, and your continued dedication to Altrusa and to District Nine. We are honored to share this journey with you and to help enrich yours along the way.

Be sure to visit past Super Saturday sessions on the District Nine YouTube Channel and District Nine website, and stay connected for upcoming training opportunities.

Until we meet again, continue to learn, continue to serve, and continue to

Discover Your Altrusa Journey!

Have a wonderful day everyone!

Kimberly Kierce

2025-2027 District Nine Governor

INTRO & WELCOME CHAT		
0:33:39	carol latham:	Anaheim CA - District Eleven 32 years.
0:34:04	Aida Mendez:	18 years in altrusa
0:35:27	Janet Weeks-Greenville:	Janet Weeks, District Nine, 5 years
0:35:45	carol latham:	Need to be of service and instead of doing so as an individual it made more sense to be part of a bigger picture.
0:36:38	Norma:	Survey response: One year. District 12 Albany. Hands on service projects, Literacy initiatives, etc.
0:36:40	Carla:	District 2 here Sorry I didn't get to answer the questions
0:39:04	Peg:	I have a red line in middle of each slide, like a scribble how do I get rid of that? I could not answer the questions.
0:42:27	debmilller:	Will we get copies of the slides?
0:42:53	Mary Powlen:	They will be posted on the website with the recording.
0:43:38	debmilller:	thank you
0:45:32	Carla:	I'm sorry but is there a link that can be provided to the website where this will Be posted ... I'm fairly new
0:46:17	Sharon Tramonte - DN Secretary, SA:	It is under the "Member Only" tab. I believe it is the second selection down Super Saturday Training
0:46:48	Sharon Tramonte - DN Secretary, SA:	https://altrusadistrictnine.org/stories/super-saturday-training
0:46:50	Mary Powlen:	Yes you will receive an email with all the information later today or tomorrow
ASTRA CHAT		
0:54:39	Lynne Moore:	ASTRA Pampa Club
0:54:41	Sharon Tramonte - DN Secretary, SA:	ASTRA of San Antonio - the only community based club!
0:55:04	Aida Mendez:	We have 5 ASTRA Clubs in schools.
ATTENDEE LEADERS TITLES CHAT:		
1:05:02	Beth KRoehler:	Club Treasurer
1:05:03	debmilller:	Vice Pres
1:05:11	Stephanie Noland - Garland:	Immediate Past President, Foundation Board President
1:05:19	Mimi Cooper:	Club secretary
1:05:21	Mary Standfield-Greenville:	Club Foundation Treasurer
1:05:25	Sharon Tramonte - DN Secretary, SA:	Club Parliamentarian, District Secretary, International Task Force Member
1:05:28	Aida Mendez:	Member of District Service Committee
1:05:30	Susan:	Susan Melnick Downtown Dallas Club
1:05:31	Sylvia Barrett:	Sylvia - President of Arlington Club
1:05:33	Carla:	Newsletter committee member - design and layout, Literacy committee
1:05:37	Julie Livingston:	District Twelve Governor
1:05:38	Kathy Girard:	Club Secretary& District Communications
1:05:38	Peg:	Club President

1:05:41	Sue -Altrusa Downtown Fort Worth:	Sue Spurgin - District Nine - Club President
1:05:46	Jan Sloan:	Vice Pres
1:05:55	Janet Weeks- Greenville:	Club President
1:06:02	carol latham:	Current Club President, past Foundation President, Past District Eleven Governor
1:06:11	Lynne Moore:	Immediate Past President, Leadership Committee, District Nine
1:06:22	Barbara Bedwell - Altrusa DFW:	Club President
1:06:39	Carol Bowens - Arlington Club:	Immediate Past President -Director
1:07:05	anner:	Communications committee member

FAVORITE PROJECT CHAT:

1:07:33	carol latham:	Creative Writing Project
1:07:40	Susan:	Susan Melnick - Favorite project is delivering turkey dinners .
1:08:24	Carla:	Favorite ... literacy project
1:09:37	Lynne Moore:	ampa does Soup with Mrs. claus. It has become a community event. About 20 years now, It is our annual fundraiser.
1:09:51	Aida Mendez:	Literacy projects
1:11:07	Peg:	I am new to this. So, I can only find stuff if I go to Distict 9 site. Will I get the access or address for District 9?
1:12:00	Mary Powlen:	It will be a clickable link in the email
1:12:27	carol latham:	The title of the Creative Writing Project is 'Finding My Voice-Telling My Story'
1:12:27	Peg:	So, we will get an email after this presentation? Correct
1:12:42	Sharon Tramonte - DN Secretary, SA:	yes, if you are registered
1:12:52	Janet Weeks- Greenville:	Favorite Altrusa project is "Reading Rodeo". I love seeing members of our community come together to read books to children. Also giving books to the children and seeing the joy on their faces when they realize they get to keep them!
1:24:42	Julie Livingston:	Our club receives lots of gently used books from collecting extra book donations from our local thrift stores-what they will not sell, local bookstores, and personal donations. We partner with our local Lyon's club to pickup the books. And our District Literacy Chair keeps an ongoing list of sources our clubs purchase new books.
1:31:23	Julie Livingston:	AWW Altrusa Women's Wardrobe: 26 yrs of providing free woman's clothing head-to-toe and accessories for Women entering or reentering the workforce. This service project has grown way beyond that , impacting women and children throughout our greater area. 100% donations, & volunteers service.

VOLUNTEER HOURS CHATS

1:22:59	Candace Martin:	Could someone share the calculation Altrusa uses to turn service hours into a dollar amount?
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1:25:04 Sharon Tramonte - DN Secretary, SA: You can determine the value of a volunteer hour through the Independent Sector website. The current national average is \$36.14. You can drill down for your specific state.
https://independentsector.org/research/value-of-volunteer-time/
1:29:52 Linda Hurt: \$34.99 for Texas per the link that Sharon shared.

THANKS CHAT

1:31:20 carol latham: Thank you all.
1:13:52 debmiller: Great info - thank you so much
1:14:46 Aida Mendez: Thank you for all the information presented.
1:31:35 Stephanie Noland - Garland: Thank you!!
1:31:36 Lynne Moore: Thank YOu !
1:31:40 Anne Rahm: Thank you