NOVEMBER 2025 *Issue No. 169*

ALTRUSA WAVES

ALTRUSA INTERNATIONAL OF GARLAND NEWSLETTER

ALTRUSA International | Leading to a Better Community® Garland, TX



Make A Difference Day

PRESIDENT'S Pen

Stephanie Noland

As the holiday season approaches, I think about recipes that my family and friends will enjoy. Each planned dish comes from the "just right" ingredients that have been blended together and baked according to precise directions. In that vein, let's consider the recipe for Altrusa Garland's service to our communities.

Ingredients

- ***1*** *healthy scoop of Clarity of Mission and Value (the what and why mixed with shared values guiding our work).*
- ***2*** *pounds of Genuine Compassion and Empathy (the desire to help plus ability to understand needs without judgment).*
- ***4*** *generous handfuls of Committed and Passionate People (members who add their voice, passion, reliability, and willingness to go the extra mile).*
- ***6-8*** *Meaningful Actions blended with Tangible Impact (clear and visible actions that make a measurable difference).*
- ***3-4*** *shakes of Humility and Flexibility (willingness to adapt, listen to feedback, and even perform the "grunt work" when needed).*
- ***Ongoing Reflection and Learning*** *to taste (learning from experiences to ensure the service remains relevant to needs).*

Blend ingredients together well and bake in a nurturing environment. Share with others in our community and encourage everyone to come back for seconds!

Happy Thanksgiving, Altrusans... and Bon Appetit!

Stephanie

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Service • Kindness Enduring Impact

FUTURE READERS OF GARLAND F•R•O•G Est. 2003 Altrusa International of Garland

IMPORTANT DATES

Nov 13	Business Meeting, 6 PM, Strike + Reel
Nov 19	Family Promise Meal Delivery
Nov 23	Book Club, 4 PM, Wildwood Firewheel
Nov 25	International Day for the Elimination of Violence Against Women
Nov 27	NO Board Meeting, communication via email
Dec 11	Christmas Party

NOVEMBER MEETING NOTES

Our November speaker is Heather Bryant from The Achievement Center of Texas. She'll be updating us on the new space, including the library that our grant helped fund.

The menu is the Tex-Mex/Fajita buffet for $32.00

MEETING INFORMATION

SOCIAL COMMITTEE

is responsible for leading the Altrusa pledge, grace and accent at the November 13, 2025 meeting.

WEBSITE
AltrusaGarland.org

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AltrusaGarland@gmail.com

DISTRICT NINE WEBSITE
AltrusaDistrictNine.org

ALTRUSA INTERNATIONAL
Altrusa.org

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COMMITTEE HAPPENINGS

MEMBERSHIP COMMITTEE

Membership Matters
As the year winds down, our club has been full of energy through October and November with exciting events and community initiatives. With the holidays near, let's share the spirit of giving by inviting friends, family, and colleagues to join our upcoming gatherings. Membership is more than participation, it's about connection, belonging, and growing our welcoming community together.

COMMUNITY SERVICE COMMITTEE

We Are Book Fair Ready!

After a busy October, our Service Committee will pause until the New Year. Let's take this time to reflect with gratitude and enjoy the season with loved ones.

Together, we've already made an incredible impact this year through the following service projects:

- BOOK FAIRS — Literacy Day & Book Fair at Daugherty
- FAIR DAY — Fair Day at Christian Care Center
- F·R·O·G — Book Stamping & Sorting Event
- BOOK FAIRS — Book Fair at Shorehaven



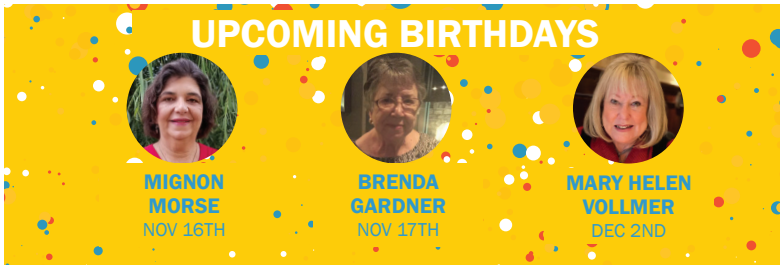
MAKE A DIFFERENCE DAY - Little Free Library Blitz

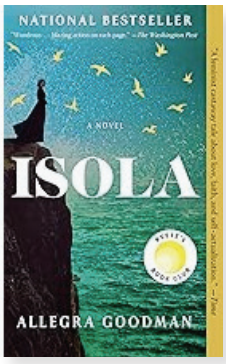


BOOK FAIR AT SHUGART

We may have another book sorting and stamping opportunity as more donations come in. Stay tuned!

Thank you to all who share their time and energy. Your dedication spreads literacy, kindness, and joy in our community. We ask for 100% member participation; more details coming soon.





Altrusa READS Book Club

The book club choice for this month

Isola *by Allera Goodman*

"A shocking story, made all the more stunning by the fact that it has its roots in true history." —Jodi Picoult

"A new generation of survival story . . . an extraordinary book that reads like a thriller, written with the care of the most delicate psychological and historical fiction."—Vogue

A young woman and her lover are marooned on an island in this "lushly painted" (People) historical epic of love, faith, and defiance from the bestselling author of Sam.
See you at book club on November 23 at 4:00. We meet at Wildwood restaurant at Firewheel.

GENERAL CLUB NEWS

Tis the Season
It's time to begin to prepare for our annual Christmas party (in lieu of our December business meeting). If you're interested in helping to plan, please reach out to Karla Langston to join the planning committee. As is our annual tradition, we will be giving gifts to our servers as a thanks for all they do. Last year's suggestion was a huge success, so once again we will collect small amount gift cards or cash (think $5) for our three regular servers. This gifting is optional, so thank you in advance for those choosing to participate in gifting these young adults.

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Altrusa Board
The board will not meet this month - enjoy your family and turkey on the 4th Thursday. We will, however, communicate business report reviews via email. Those who are responsible for submitting reports, please send to Stephanie as usual for distribution and email discussion.

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Family Promise Meal
Currently there are two families in the FP house, a dad with 4 children and a mom with 1, for a total of 2 adults and 5 kids. There are two allergies to note: shellfish and pork.

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Thank you to the Social committee for organizing the most recent 5th Thursday. The group that gathered at Main Street Cafe was small in number, but big on fellowship!

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