

ALTRUSA WAVES

ALTRUSA INTERNATIONAL OF GARLAND NEWSLETTER



Check for Trips to
Morgan's Wonderland

PRESIDENT'S *Pen*

Stephanie Noland



I don't know about you, but, "Cabin Fever" is real, y'all! Those days when we were hunkered down, avoiding the cold/wet were a challenge! Today I was out and about (finally), enjoying the sunshine and pleasant temperature, but I noticed something that gave me pause...the remaining "white stuff" along my way.

The stuff lingering long after the event is over – isn't that what Altrusa is all about? Don't we strive to leave something lasting behind everywhere we go and do? I think we do -all over the Garland area. And even as our work "melts" into memories, the impact remains. I'm proud of what we continue to do for our communities.

But back to that Cabin Fever – just sitting around trying to stay warm made me want to get out...and DO SOMETHING! That's true for many, if not all of us! So, good news, Altrusans! We have a lot on deck for late Winter and early Spring. Stay in touch through the newsletter, meeting announcements, emails and all the things so you'll know when we are mobilizing to leave that lasting impact in and around town through our service and kindness – Let's face it...it's perfect Altrusa SKI weather!

Stephanie
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Service • Kindness
Enduring
Impact



IMPORTANT DATES

- Feb 12 February Business Meeting at Strike and Reel
- Feb 20 World Day of Social Justice
- Feb 21 ACT Special Arts Festival; 10am - 1pm
- Feb 22 Altrusa Book Club; 4pm, Wildwood Firewheel
- Feb 26 Altrusa Board Meeting via Zoom; 6pm
- Feb 28 New Member Orientation; 2pm

FEBRUARY MEETING NOTES



Our February program will be coming live, via Zoom from Friends of Cozumel. We have donated school supplies to this organization in the past and now we'll get to "meet" the leadership and learn about all they do for children in Cozumel, Mexico.

Larry Pedersen and his wife are the founders of Friends of Cozumel. Their focus is to help families in times of need while striving to help people become self-sufficient. Education is at the heart of these efforts.

MEETING INFORMATION

PROGRAMS COMMITTEE

is responsible for leading the Altrusa pledge, grace and accent at the February 12, 2026 meeting.

WEBSITE

AltrusaGarland.org

DISTRICT NINE WEBSITE

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ALTRUSA INTERNATIONAL

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COMMITTEE HAPPENINGS

COMMUNITY SERVICE COMMITTEE

Achievement Center of Texas' Annual Special Arts Festival - Save the Date!

Altrusa will be partnering with our friends at ACT and giving away books at this annual event. Please mark your calendar to come by and work our book booth anytime between 10 - 1 on Saturday, **February 21** at Spring Creek Church in Garland. It's always an amazing way to spend part of your Saturday.



Spring Cleaning

If you're doing some early Spring cleaning, save gently used clothing and toys for Dr. Elizabeth Acquay's dental clinic in Ghana. We are partnering with Weaver Elementary and collecting clothing and shoes for women/men/girls/boys as well as toys that do not need batteries. *Inside tip: soccer balls are a big hit!!*



The dates for Weaver's drive are **March 23-27** so more information will be forthcoming. Questions? Reach out to Sheila McComas

MEMBERSHIP COMMITTEE

Membership Matters

This month, Altrusa International of Garland continues focusing on our **FRANKs**—Friends, Relatives, Acquaintances, Neighbors, and Kids' Friends—with February highlighting **R for Relatives**.

Think beyond inviting relatives to our local club—encourage them to connect with an Altrusa club wherever they live. Introducing a family member to Altrusa can open the door to lifelong service and fellowship. If every Altrusan shared Altrusa with just one relative, our impact would grow exponentially.

We also welcome new members to our Garland club. A New Member Orientation will be held **February 28 at 2:00 p.m.** (location TBD, likely Sachse Library). Invite your **FRANKs** as we build toward an exciting **Add an Altrusan Month**. To help with the event or orientation, contact Wendy Santi



UPCOMING BIRTHDAYS



SHEILA MCCOMAS
FEB 17TH



DEBORAH HENSON
MAR 10TH

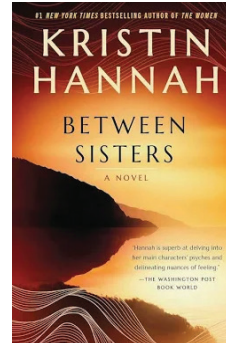
Altrusa READS Book Club

The book club choice for this month

Between Sisters by Kristin Hannah

A novel about two estranged sisters, Meghann and Claire, who are forced to reconnect after years apart, exploring themes of family, love, forgiveness, and redemption as they try to rebuild their relationship.

See you at book club on **February 22** at 4:00. We meet at Wildwood restaurant at Firewheel.



GENERAL CLUB NEWS

Marjorie Hall-Chamberlain Scholarship Update

The scholarship application link is live, two applicants already with the promise of more to come. Do you know a GISD senior who's pursuing post-secondary educational opportunities? Connect them to our scholarship and encourage them to apply!



Governance

We will be voting for the club's nominating committee at the **February meeting**. This group does the important work of preparing and nominating a slate of officers to lead our club in the next Altrusa year. Following the board nominations, we will be organizing committees for next year and needing members to step up and serve as co-chairs for the work we do for others as well as the work we do to keep our club running. Thank you in advance for saying "yes" when asked to serve.



Traveling With a Passport?

We've already collected many passport stamps, here are a few more to add:

Service #1 - Collecting clothes for our Spring Cleaning drive for Dr. Elizabeth's clinic in Ghana earns you this stamp.

(See article in this newsletter for more info)

Marketing #2 - All you need to do to stamp this box is to review/learn about the ribbon colors in our logo. Here's a place to do a little research: <https://districtninealtrusa.blogspot.com/2012/05/celebrating-colors-of-altrusa.html>

