

ALTRUSA WAVES

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Words from our PRESIDENT

Tina Rhodes

The dog days of summer are here and boy, is it hot! The history of the phrase “dog days of summer” refers to Sirius, the Dog Star, the brightest star in the sky next to the sun. And though there

are a variety of myths and traditions about how the dog days of summer originated, the stories all agree that this bright star is part of the 40 day period of summertime when the sun is at its hottest. So, what does this have to do with Altrusa? We are bright, shining stars in the Garland area, that’s what. Our impact is increasing and I’m excited about our future.

Committees are already hard at work planning our new club year. Several committees have already met more than once, social committee already had their first event for the club year, and fundraising planning kicks off this month. The board is working to review our foundation’s standing rules and strategic plans, and will be working on budgets later this month. All of this will be presented to the club membership for review. Communications Committee will be working on the club directory as well, so please make sure your personal information is correct. If you want a new photo for the directory, let us know.

As this is our Independence month, my prayer for you is that you’ll have time to celebrate our nation’s independence and the joy of living in this wonderful country that we call home. Patriotism is one of the tenants of Altrusa, so fly your flags high and kick up your heels!

We’re looking forward to a very busy club year. I hope you’ll plug into our activities as we work in our community in the service of others, with generosity and purpose.

In Service, Tina

IMPORTANT DATES

- July 8 District 9 Summer Virtual Retreat 10 AM
- July 13 Business Meeting, 6 PM, Holiday Inn
- July 19-22 2023 International Covention, San Antonio
- July 27 Board Meeting 6 PM via Zoom
- July 22 Book Club, 4 PM, Wildwood Firewheel
- July 23 Back to School Bash, 5 Loaves
- Aug 10 Business Meeting, 6 PM, Holiday Inn

We Distributed
61 coloring books and crayons
to Hope Clinic for their summer clients’ children



July Meeting

Programs committee presents Audrey Wallace, Executive Director at 5 Loaves Food Pantry in Sachse. Audrey will be sharing 5 Loaves community involvement and will also bring Coffee for sale! Proceeds for 5 Loaves: K cups 12 qty \$5 or bag of coffee \$10.

GARLAND ALTRUSA IMPORTANT INFORMATION

EMAIL
AltrusaGarland@gmail.com

FACEBOOK
[garlandaltrusa](https://www.facebook.com/garlandaltrusa)

WEBSITE
[AltrusaGarland.org](https://www.AltrusaGarland.org)

DISTRICT NINE WEBSITE
[AltrusaDistrictNine.org](https://www.AltrusaDistrictNine.org)

ALTRUSA INTERNATIONAL
[Altrusa.org](https://www.Altrusa.org)

MEETING INFORMATION

MEMBERSHIP

is responsible for leading the Altrusa pledge, grace and accent at the June 13, 2023 meeting.



COMMITTEE HAPPENINGS

MEMBERSHIP COMMITTEE

Altrusa Garland welcomes two new members to our club! Jackie Robertson comes as a transfer Altrusan from the Dallas club. Many of us are long time friends with Jackie as she has visited our meetings many times. Betty Oursler, a friend of Patty Lucas, is a new Altrusan and will be initiated in an upcoming meeting. Please be sure to warmly welcome these two women to our club!

SERVICE COMMITTEE

We are so excited about our service project options for this year. Our committee has had some very great ideas and will present to the membership shortly. We have already scheduled book fairs for Centerville (week of September 6th) and Daugherty (November 8th).

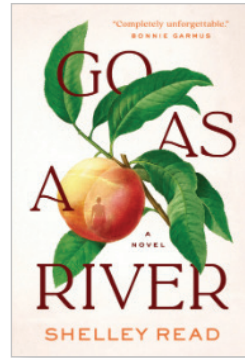
We will need a few volunteers to help distribute books at **5 Loaves "Back to School Bash"** event on Sunday, July 23 from 4:30 PM - 7:30 PM (this allows for 30 minute set-up and clean-up). 5 Loaves has pre-registered families to pick up school supplies and we will let the students pick a book. This is similar to the Christmas event that we participated in last year. Location is North Pointe Church of Christ, 7030 SH-78 N, Sachse. Please contact Stephanie Noland with questions and if you would like to participate. Contact information is 972-571-0367 or snolandtx@yahoo.com.



Presentation of the "big check" to the Good Samaritans of Garland



Presentation of the "big check" to the 5 Loaves Pantry



Altrusa READS Book Club

The book club choice for July is **Go As a River** by Shelley Read

INTERNATIONAL BESTSELLER

Set amid Colorado's wild beauty, a heartbreaking coming-of-age story of a resilient young woman whose life is changed forever by one chance encounter. A tragic and uplifting novel of love and loss, family and survival—and hope—for readers of Great Circle, The Four Winds, and Where the Crawdads Sing.

We will meet on **Sunday, July 22 at 4:00** at Wildwood at Firewood. See you there!

NEWS

Summer Service Virtual Retreat

July's Virtual Summer Retreat is Saturday July 8th at 10 AM. There will be discussion on the details of 2021-2022 District Nine Award-Winning Service Projects, service tips on Conducting a Service Needs Assessment, and Membership Challenge Winners. We will update everyone at our July business meeting.

Achievement Center of Texas Re-opening!

ACT will be opening up the center beginning July 17th for tours and to begin the admissions process with the goal of serving students again in August. Look out for dates for Altrusa to tour their facility. We would also like to support them at their re-opening event.

Tom Thumb Discontinued

Tom Thumb has discontinued their The Good Neighbor program. Kroger does however still have their Community Rewards program that donates to our club.

